

# Self-Instructed Activity Policy



## Climbing Tower

The following is part of our Operating Procedures Manual for Climbing, Abseiling and Schmooling. By signing the form at the bottom of this sheet, you are agreeing that you understand and will adhere to these operating procedures whilst running your activity session at Thriftwood Scout Campsite. If you do not agree with these or for any reason think you're session cannot conform to these rules please do not sign this form and see a member of staff.

These rules apply to both Instructors and Participants.

- 1) Do no smoke whilst wearing our safety equipment or in the tower compound.
- 2) Do not stand on our ropes or any other of our equipment.
- 3) Using our equipment, ensure that you leave harnesses and helmets in the tower compound if leaving session for any reason. (e.g. toilet) – Including participants and instructors.
- 4) **No Solo Climbing** at any time.
- 5) Before your session begins, please report any of the following to reception immediately.
  - a) Missing equipment (There is a list of what should be in each cupboard on the activity door)
  - b) Any equipment not been correctly stored.
  - c) Any worn or damaged equipment.
- 6) When setting up your activity please ensure that:-
  - a) You only allow competent instructors to set up.
  - b) Helmets are worn on the gravelled area **at all times**.
  - c) Helmets and Harnesses are worn up the tower **at all times**.
  - d) On the top platform of the tower, you are clipped in with the safety lines that we provide **at all times**.
- 7) During your session:-
  - a) Helmets are worn on the gravelled **area at all times**.
  - b) Helmets and Harnesses are worn up the tower **at all times**.
  - c) On the top platform of the tower, everyone is clipped in with the safety lines that we provide **at all times**.
  - d) Participants are never left at the top of the tower without a qualified leader.
  - e) Whilst participating in the activity, harnesses should be worn and fastened correctly.
  - f) When belaying, the belayer is clipped into the ground anchor **at all times**.
  - g) In the event of an instructor abseiling, always self-protect with a prusik loop, **never free abseil**.
  - h) Instructors should discourage horseplay **at all times**.
- 8) When packing away:-
  - a) Ensure all harnesses are loosened as they were found.
  - b) All equipment is stored correctly in the correct cupboard. –Ropes to be coiled. (There are pictures on each cupboard stating how to store the equipment).
  - c) Ensure the cupboards you used are locked. If you are the last person in the compound, lock the tower and the compound gate.
  - d) Return key to main office.

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By Signing below, you are agreeing that you understand all rules above and that you will make sure your session adheres to these rules.

**If you sign below and do not follow these rules, you may be asked to leave the climbing compound by a member of Thriftwood Staff.**

Group Name: \_\_\_\_\_

Instructor Name: \_\_\_\_\_

Instructor Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*To be signed by qualified lead instructor*

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